

<p><i>My Number #1 Objective in the Spiritual area of my life is:</i></p>	<p><i>My Number #1 Objective in the Physical & Health area of my life is:</i></p>
<p><i>My Number #1 Objective in the Mental & Educational area of my life is:</i></p>	<p><i>My Number #1 Objective in the Home & Family area of my life is:</i></p>
<p><i>My Number #1 Objective in the Social & Cultural area of my life is:</i></p>	<p><i>My Number #1 Objective in the Financial & Career area of my life is:</i></p>

I will let repetition and my mind work for me by filling in my Number #1 goals,

carry this form with me always and read it at least twice a day.